

# Botteginos

ITALIAN RESTAURANT

**Please make sure that you inform the member of staff taking your order that the meal needs to be gluten free.**

## **GLUTEN FREE STARTERS**

### **V Zuppa di Minestrone £4.35**

Traditional Italian homemade soup (without the bread)

### **V Uovo Alla Mayonnaise £5.95**

Boiled egg served on a bed of julienne salad.

### **V Mozzarella con Rulcola £6.95**

Mozzarella cheese, rocket cherry tomatoes, dressed with pesto

### **Gluten free Pasta £7.70**

Starter portion size pasta

Majority of our sauces are Gluten free please confirm this with the member of staff taking your order.

### **Cocktail di Gamberetti £6.95**

Prawn cocktail- prawns with a Marie rose dressing served on a bed of mixed salad leaves.

### **Avocado di Gamberetti £7.95**

Avocado prawns with a Marie rose dressing, served with a side garnish.

### **Gamberetti Diavolo £7.95**

Prawns and mushrooms cooked in a tomato, garlic, chilli sauce served with a side garnish.  
(No bread)

### **Gamberoni £8.95**

King prawns in a garlic, parsley, white wine and butter sauce. Served with a side garnish.

### **Salmone Affumicato £7.95**

Smoked salmon with rocket, capers and lemon olive oil.

### **Cozze £7.95**

Mussels in their shells, cooked in a white wine, tomato and garlic parsley sauce (no Bread).

## **GLUTEN FREE MAIN COURSES**

### **Riso all Ortolana £11.95 (Add chicken for extra £1.50)**

Italian rice cooked in our homemade vegetable stock with garden peas, mushroom, broccoli, onions, juicy cherry tomatoes topped with parmesan shavings.

### **Riso Pescatore £15.95**

Rice cooked in our homemade fish stock mixed with a selection of seafood comprising calamari, mussels and king prawns with a hint of garlic and chilli in our delicious tomato sauce.

### **Salmone Botteginò £16.95**

Fillet of salmon in parsley, white wine and cream sauce. Served with salad or potatoes and vegetables.

### **Spigola al Aglio e olio £17.95**

Sea bass fillets cooked in an olive oil, white wine and garlic. Served with salad or potatoes and vegetables.

### **Misto Di Pesce £21.95**

Sea bass, salmon, king prawns, calamari and mussels cooked in wine, garlic and herbs. Served with salad or potatoes and vegetables.

**Tuna steak £13.95**

Cooked in a drizzle of olive oil and a sprinkle of juice. Served with vegetables and potatoes or salad.

**10 oz Fillet steak £25.95 or Sirloin steak £18.50**

Served with salad or potatoes and vegetables.

Please see our main menu for choice of sauces for £2.75

**Pollo Crema £13.95**

Grilled chicken breast served in a cream, mushroom and white wine sauce. Served with salad or potatoes and vegetables.

**Pollo Pizziola £13.50**

Grilled chicken breast served in a garlic, oregano, white wine and tomato sauce. Served with salad or potatoes and vegetables.

**Pollo Diavlo £13.95**

Grilled chicken breast served with onions, chilli and mushrooms in a white wine and tomato sauce. Served with salad or potatoes and vegetables.

**Pollo Genovese £13.95**

Grilled chicken breast in a cream, spinach and pesto sauce. Served with salad or potatoes and vegetables.

**Pollo alla Griglia £11.95**

Succulent grilled chicken breast. Served with salad or potatoes and vegetables.

**Gammon £10.95**

Topped with either egg or pineapple. Served with salad or potatoes and vegetables.

**Gammon Botteginos £11.95**

Gammon steak topped with mozzarella cheese and pineapple Served with salad or potatoes and vegetables.

**Frittata (omelette) served with salad or vegetable and potatoes**

Mushroom £8.95 cheese £8.95 Ham £8.95 Prawn £9.50

**Chicken Caesar Salad £12.95**

Sliced grilled chicken breast served over a crisp romaine salad tossed in a tradition Caesar salad dressing topped with parmesan (no croutons)

**Salmon salad £14.95**

Grilled fillet of salmon and smoked salmon served on a bed of asparagus tips

**Tonno e Fagioli £11.95**

Borlotti beans and tuna served on a variety of salad leave, tossed with red onion and fresh tomatoes

**Gamberetti e Gamberoni salad £14.95**

Prawns and juicy succulent shelled king prawns laid on a generous portion of julienne salad. Served with a marie rose dressing.

**Insalata caprese £11.50**

Bed of missed salad leaves, black olives and fresh basil, drizzled with olive oil and garnished with oregano topped with mozzarella cheese and juicy tomatoes

**All salads will have pumpkin and sunflower seeds added.**

**Pasta Add £1.50 to the pasta price on our main menu.**

Majority of our sauces are Gluten free please confirm this with the member of staff taking your order.

**Gluten free pizza bases add £2.00 to the pizza price on our main menu**

**We have Gluten free desserts available on our menu.**

# Gluten free set menu

## 2 courses £11.95 3 courses £13.95

Please make sure that you inform the member of staff taking your order that the meal needs to be gluten free.

### Starters

#### Zuppa di minestrone

Traditional Italian homemade soup (without bread)

#### Funghi side

Mushrooms served in garlic and parsley butter

#### Egg mayonnaise

Boiled egg served on a bed of julienne salad

### Main courses

#### Pizza (add £2.00 for gluten free base) (may be traces of wheat flour)

##### Fioretina

Ham and mushroom

##### Margherita

Mushroom and cheese

##### San pagina

Ham, pineapple and mozzarella cheese

##### Luigi vegatiana

Onions, sweetcorn, peppers, mushroom, mozzarella cheese

##### Piccante

Spicy sausage, bacon, mushroom, mozzarella and chilli (optional)

##### Laviano

Chicken, red onion, mozzarella cheese and garlic

Extra toppings £1.50

#### Pasta (please add £1.50 for gluten free pasta)

GF penne bollognese

Pasta in a traditional meat sauce

**GF penne Carbonara**

The modern classic dish of pasta in bacon, cream parmesan and crushed black pepper sauce

**GF penne Matriciana**

Pasta with a bacon, mushroom and onion in a tomato sauce

**GF penne al pollo**

Pasta cooked in a cream and tomato sauce with chicken, mushroom, garlic and a hint of chilli

**GF penne alla napoletana**

Pasta in a tomato and basil sauce

**Frittata (omelette)**

Mushroom or cheese or ham

Please state that you would like with either salad or vegetables and potatoes

**Insalata (salads)**

**Chicken ceaser salad**

Sliced grill tender chicken breast served n a crisp romaine salad tossed in a traditional ceaser salad with parmesan savings and cherry tomatoes

**Tunno e fagoli**

Borlotti beans and tuna served on a variety of salad leaves tossed with red onion and fresh tomatoes

**Insalata caprese**

Bed of mixed salad leaves, black olives and fresh basil, drizzled with olive oil and garnished with oregano topped with mozzarella cheese and juicy tomatoes

All salads are served with a selection of sunflower and pumpkin seeds

**Plain grilled chicken**

For an extra £1.95 add one of our delicious sauces

Served with a choice of salad or vegetables and potatoes

**Gammon**

Served with either an egg or pineapple

Salad or vegetables and potatoes

**Desserts**

**3 scoops of ice cream**

Chocolate, strawberry & vanilla

**Please make sure that you inform the member of staff taking your order that the meal needs to be gluten free.**

**Gluten free set menu**

**2 course £11.95 3 courses £13.95**